

LEVEL II SCHEDULE 2016-2017

Saturdays: 1:00pm-6:00pm

Sundays: 10:00am-5:00pm

****except where noted****



CLASS	MONTH	DATE	TOPIC	INSTRUCTOR(S)
1	1	10/8/2016	Yoga Sutra I	Robert Birnberg
1	1	10/9/2016	Yoga Sutra II	Robert Birnberg
2	2	11/12/2016	Chronic Pain	Lori Rubenstein
2	2	11/13/2016	Chronic Pain	Lori Rubenstein
3	3	12/10/2016	Ayurveda	Arun Deva
3	3	12/11/2016	Ayurveda	Arun Deva
4	4	1/14/2017	Endocrine System	Vikram Kamdar
4	4	1/15/2017	Endocrine System	Amy Wheeler
5	5	2/4/2017	Cancer/Chronic Illness (12pm-6pm)	Jnani Chapman
5	5	2/5/2017	Cancer/Chronic Illness (10am-4pm)	Jnani Chapman
6	5	2/18/2017	Respiratory System	Richard Usatine
6	5	2/19/2017	Respiratory System	Chase Bossart
7	6	3/11/2017	Circulatory System	Art Brownstein
7	6	3/12/2017	Circulatory System	Art Brownstein
8	7	4/8/2017	Digestive System	David Allen
8	7	4/9/2017	Digestive System	Robert Birnberg & Eleni Tsikiras
9	8	5/12/2017 (FRIDAY)	Nervous System (Fri, 1-6pm)	Lorne Label
9	8	5/13/2017 (SATURDAY)	Nervous System (Sat, 10am-5pm)	Amy Wheeler
10	9	6/10/2017	Mental Health, Anxiety, Depression	Julie Carmen
10	9	6/11/2017	Mental Health, Anxiety, Depression	Julie Carmen
11	10	7/15/2017	Women's Reproductive System	Norman Solomon
11	10	7/16/2017	Women's Reproductive System	Patti Quintero
12	11	8/5/2017	Addiction	Robert Birnberg
12	11	8/6/2017	Addiction	Robert Birnberg

UPDATED 7/7/16