

LEVEL II SCHEDULE**2018-2019**

Saturdays: 1:00pm-6:00pm

Sundays: 10:00am-5:00pm



CLASS	DATE	TOPIC	INSTRUCTOR(S)
1	10/13/2018	Yoga Sutra I	Robert Birnberg
	10/14/2018	Yoga Sutra II	Robert Birnberg
2	11/10/2018	Chronic Pain	Lori Rubenstein Fazzio
	11/11/2018	Chronic Pain	Lori Rubenstein Fazzio
3	12/8/2018	Ayurveda	Arun Deva
	12/9/2018	Ayurveda	Arun Deva
4	1/12/2019	Cancer/Chronic Illness	Kathleen Ross-Allee
	1/13/2019	Cancer/Chronic Illness	Kathleen Ross-Allee
5	2/9/2019	Endocrine System	Vikram Kamdar
	2/10/2019	Endocrine System	Amy Wheeler
6	3/2/2019	Respiratory System	Norman Solomon
	3/3/2019	Respiratory System	Chase Bossart
7	3/30/2019	Cardiovascular System	Art Brownstein
	3/31/2019	Cardiovascular System	Art Brownstein
8	4/20/2019	Digestive System	David Allen
	4/21/2019	Digestive System	Robert Birnberg
9	6/1/2019	Nervous System	Lorne Label
	6/2/2019	Nervous System	Amy Wheeler
10	6/22/2019	Mental Health, Anxiety, Depression	Julie Carmen
	6/23/2019	Mental Health, Anxiety, Depression	Julie Carmen
11	7/27/2019	Women's Reproductive System	Norman Solomon
	7/28/2019	Women's Reproductive System	Patti Quintero
12	8/10/2019	Addiction	Robert Birnberg
	8/11/2019	Addiction	Robert Birnberg

UPDATED 6/14/18

**subject to instructor change*